

GINA M. WILSON, MS, AUTHOR OF SKILLS THAT BUILD



Holistic executive coach Gina M. Wilson earned her undergraduate degree from the University of Delaware and holds a Master of Science in Cognitive Psychology from Villanova University. Her interest in leadership psychology began while writing her graduate thesis on employee performance and through extensive experience as a management consultant in the tech and healthcare industries. She received coach training through the Center for Coaching Certification and continued study at the Institute of Coaching at McLean Hospital, a Harvard Medical School affiliate. Gina's unique approach to coaching embraces the convergence of psychology, business, and well-being.

Founder of System Strategies Consulting and Coaching, she is an experienced software developer, healthcare strategist, college instructor, and business owner. Her clients include professionals, business leaders, healthcare systems, higher education and government organizations, nonprofits, corporate teams, students, and those aspiring to grow personally and professionally. Gina has spoken at the University of Pennsylvania Nursing Informatics program, Duke University Fuqua School of Business, and the Villanova University Women's Professional Network and for a wide variety of industry conferences and community groups. She has served as board member for the Mental Health Association in Delaware and continues to promote mental health practices and awareness.

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